

'The Meal Wagon'

Spring Term Menus

Produce sourced from local suppliers

Menu 1. Weeks Commencing 12/04/10, 03/05/10, 24/05/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	*Fishy Pasta Bake	*Steak Pie	*Chicken Korma	*Spaghetti Bolognaise <i>'New Recipe'</i>	*Roast Turkey & Stuffing
Carbohydrates	Chips Jacket Potato	Mashed Potato	Rice	Spaghetti	Boiled Potatoes
Vegetables/ Salad	Mixed Green Salad	Carrots Cabbage	Sweetcorn Garden Peas	Broccoli Carrots	Cauliflower Green Beans
Desserts	*Chocolate Crackle	*Jelly & Icecream	* Sticky Flapjack & Custard	*Hungarian Chocolate Biscuit	*Fresh Fruit Salad & Natural Yoghurt

Menu 2. Weeks Commencing 19/04/10, 10/05/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	*Cheese & Bacon Pasta	*Minced Steak Pie	* Roast Chicken & Stuffing	Crumbed Fish & Tomato Ketchup	*Sausage & Yorkshire Pudding
Carbohydrates	Crusty Roll	Mashed Potato	Boiled Potatoes	Chips Duchesse Potatoes	New Potatoes
Vegetables/ Salad	Baked Beans Garden Peas	Broccoli Mixed Vegetables	Carrots Green Beans	Sweetcorn Mushy Peas	Cabbage Cauliflower
Desserts	*Cranberry & Orange Muffin	*Flapjack & Custard	*Fresh Fruit & Natural Yoghurt	*Wellington Fudge & Pink Sauce	*Banana & Icecream

Menu 3. Weeks Commencing 26/04/10, 17/05/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Fishcake & Tomato Ketchup	*Roast Beef & Yorkshire Pudding	*Cheese & Tomato Pizza	*Chicken Tikka Masala	*Lasagne <i>'New Recipe'</i>
Carbohydrates	Chips Jacket Potato	Herby Potatoes	Cajun Potato Slices	Rice Naan Bread	Crusty Roll
Vegetables/ Salad	Sweetcorn Garden Peas	Carrots Broccoli	Baked Beans Garden Peas	Baby Carrots Mixed Vegetables	Green Beans Baby Sweetcorn
Desserts	*Chocolate & Pear Muffin	Frozen Yoghurt	*Melting Moment	*Fruit & Jelly	*Iced Cornflake Special & Custard

A selection of bread and salad will be available each day

Fresh drinking water will be available each day

A selection of fruit & yoghurts will be available each day

Please Note:

- * denotes dishes that are freshly made in the kitchen
- Please be aware that these dishes may contain traces of nut or nut derivatives
- It may be necessary to change the menu without prior notice